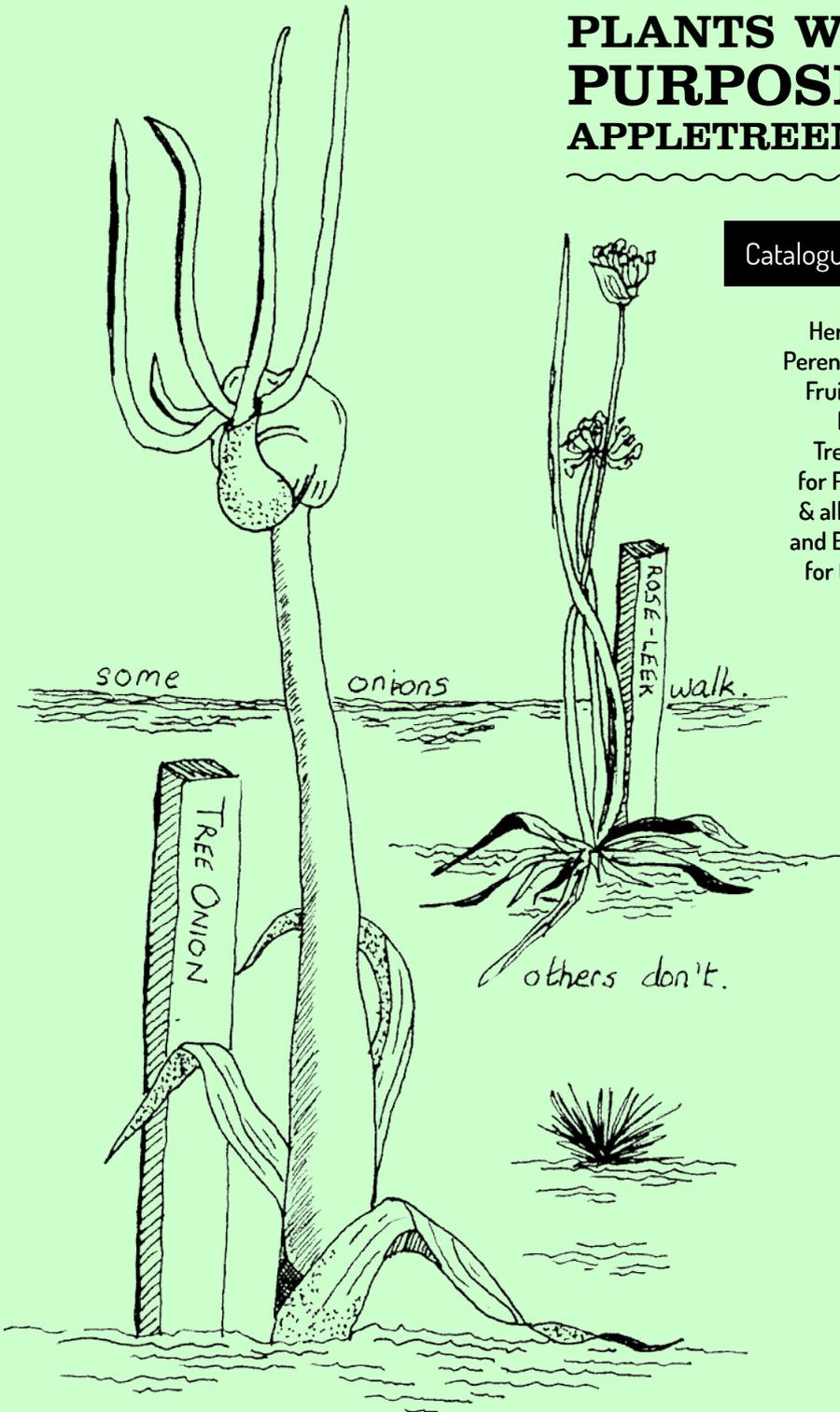


PLANTS WITH PURPOSE & APPLETREEMAN

Catalogue 2018

Herbs, Edible
Perennials, Soft
Fruit & Edible
Hedgerow
Trees, Plants
for Pollinators
& all Wildlife...
and Everything
for the Forest
Garden!



Welcome to our 2018 Catalogue!

We are an independent family nursery based in Perthshire Scotland, selling an eclectic mix of plants, trees and shrubs not commonly found in the chain garden centres, but popular with anyone who likes to eat their garden or loves wildlife.

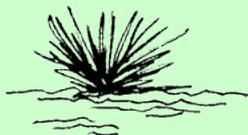
How did it begin?

We started with herbs, culinary and medicinal, and very quickly added all the plants with purposes we could find! Lots were garden perennials we happened to find tasty and nutritious. Many were “weeds” in our garden, but so useful! And so we added other wild flowers, for bees and butterflies and other insects and birds. Then Andrew began growing heritage apple trees, followed by other fruit trees, and then we needed to have the berries and soft fruits to go under them, and the hedges to shelter the whole lot...

Pretty soon our nursery became a forest garden supply centre, with everything from plug plants to espaliered trees. We grow almost everything ourselves, from seed, cuttings or division; just as we graft all our apple trees and nearly all our other fruit trees. We grow our plants to suit our climate, and not generally out of their natural season.

This does mean that we cannot guarantee that EVERY plant will be ready for sale ALL of the time, in ALL sizes, or in MASSIVE quantities! Please email us your order as a wish-list, and we will strive, but not promise, to make your wishes come true!

Happy browsing!



Where & How To Get Our Plants

1. **You can visit.** From April 1st 2018, we will be open on SUNDAY AFTERNOONS and by arrangement MONDAYS – please phone us (01738 787278) or email (email@plantsandapples.com) to check we are in. Check our website for details, extra open days and holiday dates. Our address is Middlebank Cottage, Smiths Brae, Bankfoot PH1 4AH. Full directions on our website: plantsandapples.com/get-in-touch/visit-us Best to park in Main Street and avoid the potholes in the Brae. You'll know it when you see it...
2. **You can catch us at markets and shows** through the year. We are always at Portobello Market near Edinburgh, but all our events go on Google calendar and you'll find details on the EVENTS page of the website: plantsandapples.com/events
3. **We send plants by mail order: ONLY BETWEEN APRIL 1ST AND MAY 31ST** when they are the right size for posting and travel OK. Just send an email with your requested order to email@plantsandapples.com or phone 01738 787278 and we will get back to you with availability, postage and total cost.

MEDICINAL HERBS: CAUTION!

Just as you wouldn't take someone else's prescription without a doctor's say-so, don't self-treat without consulting a medical herbalist unless you know what you are doing. Everyone reacts differently to medicines, so don't take chances and get advice. We aren't able to take any responsibility for bad effects from using the plants in this catalogue. (Actually that applies to indigestion too!)

Part One: Edible Perennials: The Forest Gardener's Paradise

Make a meal of your garden with these great munchable, multipurpose plants!

7cm pot/1 litre pot

Serpent-Garlic or Rocamboles (*Allium scorodoprasum*)

£2.50/£3.50

Unusual onion with snaking, twisting flower-stems; unusual and hard to grow!

Tree Onion (*Allium cepa aggregatum*)

£3/£4

Bunching perennial with flowers consisting entirely of strong-tasting bulbils. Lush, edible leaves and stems to 50cm.

Welsh Onion or Scallions (*Allium fistulosum*)

£2/£3

Productive perennial with leaves like a giant chives and white flowers with amazing attraction for bees and butterflies.

Ramsons or Wild Garlic (*Allium ursinum*)

£2/£3

Spreading woodland native whose edible leaves and flowers are legendary among foragers and wannabe chefs, and fabby-doo in sandwiches and everything else.

The Very Useful Onion (*Allium cepa perutile*)

£3/£4

A perennial, non-flowering bunching onion, once ubiquitous on every veg plot, for use when bulb onions have been used up!

Witch's Garlic (*Allium carinatum pulchellum*)

£3/£4

Also known as Keeled Garlic, this edimental has drooping pink flowers and tasty foliage. 60cm tall

The Azure Walking Onion (*Allium caeruleum bulbiferum*)

£3/£4

We spotted this pretty blue onion for sale outside a shop on Lindisfarne – unusually, it produces some flowers made up of little bulbils – which “walk” the plant to new sites!

Three-cornered Leek (*Allium triquetrum*)

£2.50/£3.50

This edible onion with very pretty nodding white flowers also spreads obligingly. Grows to 20cm.

Chives (*Allium schoenoprasum*)

£2/£3

Well known grassy edible leaves and purple edible flowers which bees love. Only flavour needed for your new-dug tatties.

Garlic Chives (*Allium tuberosum*)

£2.50/£3.50

White flowered and attractive onion whose mild garlic-flavoured leaves can be used like Chives. Strappy leaves growing to 30-40cm; well-flavoured addition to salads and stews.

Rose-Leek (*Allium canadense*)

£2.50/£3.50

Large pink flowers and strappy leaves to 40cm height. Very attractive, and all parts edible.

Himalayan Onion (*Allium wallichii*)

£3/£4

This tall onion from Nepal has delicious garlicky leaves from late spring and very pretty, variable purple-black flowerheads.

Crow Garlic (*Allium vineale*)**£3/£4**

This native onion has flowerheads of pink flowers and dark bulbils, encased in a white, papery bract, and the leaves makes good flavouring. We have a tall-growing form found on the banks of the Tay.

Nodding Onion (*Allium cernuum*)**£3/£4**

Extremely pretty, with its nodding pink flowerheads, and a good, solid flavour to the leaves for cooking or in salads.

Looking for more Onions? We are also growing Field Garlic, Fragrant Onion, Victory Onion, the Twisted-leaf Garlic, Wild Leek, Golden Garlic and *Allium maximowiczii* in 2018. Maybe others, given half a chance! But they may not be available till 2019...

Marshmallow (*Althaea officinalis*)**£2.50/£3.50**

Delicate pink edible flowers and leaves. This native grows to 1.2m and is also medicinal and great for wildlife.

Musk Mallow (*Malva moschata*)**£2.50/£3.50**

This beautiful, large flowered mallow is low-growing, with attractive foliage, and all the edible uses

DID YOU KNOW that Mallows are prized medicines for coughs and sore throats? Make a tea with the succulent leaves at the first symptoms!

Common Mallow (*Malva sylvestris*)**£2.50/£3.50**

Beautiful showy pink flowers that you can eat and robust, edible foliage – also a good bee plant.

Horseradish (*Armoracia rusticana*)**£2.50/£3.50**

The roots are grated to make the zingy hot sauce (and dyed green to make wasabi). This vigorous perennial will spread to allow harvest, and we're not apologising for that!

Good King Henry (*Chenopodium bonus-henricus*)**£3/£4**

Probably my favourite perennial green vegetable. Slightly spreading plant related to spinach, great for the forest garden. Self-seeds in weird places!

Tree Spinach (*Chenopodium giganteum*)**£2/£3**

Although an annual, this tall (at least 1.5m and can double that) plant is so productive, lasting till hard frosts, it's well worth growing. Leaves & pink flowering shoots edible and delicious, seeds feed the birds in December.

Wild Strawberry (*Fragaria vesca*)**£2/£3**

Native woodland plant bearing exquisite small red fruits in abundance, enough for the birds and you. Spreads rampantly!

White Alpine Strawberry (*Fragaria vesca*)**£2.50/£3.50**

Birds don't find the white, super-sweet fruits on this trailing strawberry – they are delectable!

Yellow Alpine Strawberry (*Fragaria vesca*)**£2.50/£3.50**

'Alpine Yellow' produces the usual delicious fruits, but ones that are less visible to marauding blackbirds.

DID YOU KNOW... wild strawberries are great in salads, can be dried and added to porridge all winter – and make a scintillating strawberry vodka?

Sweet Cicely (*Myrrhis odorata*)**£2/£3**

Abundant feathery foliage tasting of aniseed, used to sweeten cooked fruit dishes, or add flavour to salads. Roasted roots also delicious and immature seed heads are good nibbles.

Bucks Horn Plantain / Erba stella (*Plantago coronopus*)**£2/£3**

Succulent narrow leaves for salads and stir-fries; attractive nodding flowerheads too, providing seeds for birds. Long season of use.

Bistort/Pudding Dock/Easterman Giants/Easter Ledges (*Polygonum bistorta*) £3/£4

Most useful large edible leaves similar to dock and principle ingredient in Dock Pudding, and beautiful pink poker-like flowerheads. Good spreader.

Solomon's Seal (*Polygonatum multiflorum*)**£3/£4**

Related to lilies but also asparagus – eat the young spears in the same way. Don't overdo it though. A very pretty woodland plant for shady spots. White flowers late spring.

Lungwort (*Pulmonaria officinalis*)**£2.50/£3.50**

Noted for medicinal uses and attractiveness to bumblebees, the spotted leaves of lungwort are edible and tasty. Use the big leaves that come after the pink/blue flowers are finished.

Globe Artichoke (*Cynara cardunculus scolymus*)**£2.50/£3.50**

Silvery foliage, an impressive size and growth habit, flowers bees love – and it's edible too!

Orpine (*Sedum telephium*)**£2.50/£3.50**

Succulent leaves remain tender into late autumn, and pink nectar-rich flowers for bees and butterflies. Clump-forming.

Rose-Root (*Rhodiola rosea*)**£3/£4**

Another succulent of open, chilly coasts, Rose-root is an edible native with a long history as a perennial vegetable in Northern Scotland. Awfy pretty, as well, with yellow flowers.

Large-leaved Sorrel (*Rumex acetosa*)**£2/£3**

Large lemony leaves are great in salads, possibly even better as Sorrel Soup, and used over a long season. Nutritious.

Buckler-leaf Sorrel (*Rumex scutatus*)**£2/£3**

Pretty trailing foliage – the small succulent leaves look lovely in salads and have a lemony flavour.

Bloody Sorrel (*Rumex sanguineum*)**£2/£3**

Ever-popular salad plant with red-veined leaves. It is also obligingly willing to self-seed for you!

Scots Lovage (*Ligusticum scoticum*)**Check for price and availability**

Pre-eminent strong-flavoured edible leaf for stews and casseroles, with pretty white flowers on red stems. This native of north and eastern Scottish coasts grows to 80cm.

Alexanders / Black Lovage (*Smyrniolus atrum*)**Check for price and availability**

Similar to Scots Lovage with glossy green strong-flavoured leaves but yellow flowerheads, attractive to hoverflies. Grows to 1.3m. We are also trying **Perfoliate Alexanders (*Smyrniolus perfoliatum*)**, a rare native, this year.

Lovage (*Levisticum officinale*)**£2.50/£3.50**

Known as the Maggi plant for its strong, celery-like flavour and use as a stock herb, Lovage can grow to 1.9m. Wine made with it is explosive.

Salad Burnet (*Sanguisorba minor*)**£2/£3**

Pretty foliage with a cucumber-like flavour, and reddish-brown flowers. The leaves are nice in salads. Has astringent properties to stop bleeding.

Rampion (*Campanula rapunculoides*)**£2.50/£3.50**

The lovely blue bellflowers are only part of the story – both the leaves and the roots of this perennial are edible and nutritious.

Giant Bellflower (*Campanula latifolia*)**£2/£3**

Tall native bellflower producing bigger roots and flowers than Rampion, and edible leaves to boot.

Shiso/Red Perilla (*Perilla frutescens* var. *crispa*)**£2/£3**

This high-flavour salad plant is also a herb, which will make a masterpiece of your sushi attempts! Deep red foliage makes it very edimental.

Skirret (*Sium sisarum*)**£2.50/£3.50**

Perennial root vegetable from centuries past; Skirret roots can be roasted, boiled or dried and made into “coffee”. 1m tall. Allow to clump up before taking some of the roots. Pretty flower umbels, too, which attract hoverflies.

Daubenton's Kale (*Brassica oleracea* var. *ramosa*)**£3/£4**

Mmmmm... the tastiest, most succulent kale, available all year round, never flowering, usually variegated...AND PERENNIAL! Get your hands on some – a forest garden must-have.

Sea-Kale (*Crambe maritima*)**£3/£4**

This delectable vegetable needs a very well-drained soil – near to a beach as you can make it! (Purchasers from Portobello have had excellent results.) The huge, glaucous, leaves take several light years to cook, but are OK sliced raw. The blanched shoots as it emerges in spring are legendary!

Variiegated Herb Gerard or Bishopweed, or Ground Elder**£2/£3**

No this isn't a joke! This much-maligned weed, which was introduced as a vegetable by the Romans, is nutritious and tasty in salads when the shoots first appear, and even better as a green vegetable as the leaves grow. This variegated form is less vigorous than the species, and a good choice for areas where little else will grow. Needless to say, it makes a fantastic ground cover in the forest garden...

EDIBLE PERENNIAL COLLECTIONS – SAVE MONEY AND GET STARTED!

1. **The Forest Garden Collection:** Any seven plants of our choice from this section in 7cm pots for £13
2. **The Onion Collection:** Any seven plants of our choice from the Alliums in 7cm pots for £14
3. **The Salad Collection:** Any seven plants of our choice from Ramsons, Chives, Garlic Chives, Orpine, the Sorrels, Bucks Horn Plantain, Salad Burnet and Tree Spinach for £13

POSTAGE & PACKING NOT INCLUDED – EMAIL FOR QUOTE.

Part Two: Tastes & Smells: Pick Of The Herbs

Herbs for the kitchen, teas and alcoholic treats, or the pure therapy of their gorgeous smells – here are some irresistible plants with purpose!

Alpine Basil-Thyme (*Acinos alpinus*)

£2.50/£3.50

We are glad to once again bring this colourful and decorative, trailing culinary savoury herb back into stock. Perfect for rock gardens and containers, very productive.

Lemon Verbena (*Alloysia triphylla*)

£3/£4

This semi-hardy shrub with wonderfully lemony foliage for refreshing teas and interesting baking ideas grows well in a container, brought into a frost-free spot for winter protection.

Roman Chamomile (*Anthemis nobilis*)

£2/£3

The aromatic perennial chamomile for lawns and chamomile seats – bears few flowers but these still make good tea!

German Chamomile (*Matricaria recutita*)

£2/£3

This is the one for refreshing tea, so good for calming the nerves and soothing the digestion! It's an annual plant, but will self-seed freely if allowed, bearing lots of white daisy flowers.

Southernwood/Applesingy/Lad's Love/Old Man/Maiden's Ruin

(*Artemisia abrotanum*)

£3/£4

The evocative smell of this aromatic shrubby herb arouses memories and happy dreams – it may be everyone's favourite herb; it's certainly mine. Once used in the laundry to scent linen and keep off clothes moths.

Sea Wormwood (*Artemisia maritima*)

£3/£4

Delicate silvery foliage marks out this aromatic native plant of saltmarshes and coastal areas.

French Tarragon (*Artemisia dracunculus*)

£3/£4

Inimitable flavouring herb with a hint of its family bitterness, French Tarragon is grown only from cuttings and is only marginally tender – keep frost free over winter.

Mugwort (*Artemisia vulgaris*)

£2/£3

Wayside weed possibly imported to Britain by the Romans who used it to ease feet sore from marching. As a beer flavouring, it makes a fantastic Mugwort Porter.

'Oriental Limelight' is a pretty green and gold cultivar.

£2.50/£3.50

Hop Cultivars: Target / Fuggle / Challenger / Golden Hop

£3/£4

These should be available from June. Fuggle, Challenger and Target will be familiar to brewers; the Golden Hop (*H. lupulus 'Aureus'*) is highly ornamental, but I have also brewed with it – a light, aromatic flavouring hop.

Common (Green) Fennel (*Foeniculum vulgare*)

£2/£3

Tall, dramatic, feathery foliage which is great both for dishes from fish to salads and as a tea to aid digestion.

Bronze Fennel (Foeniculum vulgare Atropurpureum)**£2.50/£3.50**

Great colour contrast, same uses.

Sweet Woodruff (Galium odoratum)**£2.50/£3.50**

A lovely spreading woodland perennial with starry white flowers. The leaves smell sweetly as they dry and were used to scent laundry (and dirty floors in mediaeval times!), but are best steeped in wine, cider or apple juice. Woodruff makes a good ground layer in the forest garden.

Hyssop (Hyssopus officinalis)**£2.50/£3.50**

With its blue spikes of flowers this is such a great bee plant it should maybe go in Part 3. But it is highly aromatic and makes a fine strong culinary herb for savoury dishes, and is used to flavour liqueurs.

HYSSOP SOMETIMES COMES IN PINK OR WHITE TOO - MAKES A NICE ALTERNATIVE TO THE BEEKEEPER'S LAVENDER HEDGE!**Lemon Catmint (Nepeta cataria citriodora)****£2/£3**

Strongly lemon-scented foliage makes a delicate, refreshing tea and is nice in salad too. Cats are very partial to this white flowered nettle look-alike.

Lesser Calamint (Calamintha nepeta)**£2/£3**

Little-known and overlooked, this is a rich and versatile culinary herb with taste and smell somewhere between mint and oregano. Clouds of pretty blue flowers attract bees and hoverflies too.

Golden Marjoram (Origanum vulgare aureum)**£2/£3**

We sell two deliciously sweet aromatic varieties – 'Sunshine' has gold tips to the leaves, and 'Acorn Bank' is gold all over. Also known as Oregano and great for cooking.

White Oregano (Origanum hirtum)**£2.50/£3.50**

This is the hot, spicy-flavoured Greek oregano, excellent for cooking and with insect-attracting white flowers borne in abundance.

Rosemary (Rosmarinus officinalis)**£2.50/£3.50**

Traditional upright evergreen shrub providing culinary flavours and distinctive aroma all year round. Perfectly hardy, but hates winter wet – choose a well-drained spot.

Trailing Rosemary (R.officinalis prostratus)**£3/£4**

Spreading form with bright blue flowers and same culinary uses. Very attractive evergreen shrub.

Green Sage (Salvia officinalis)**£2/£3**

Vigorous perennial with semi-evergreen leaves; good for flavouring but also a soothing and enjoyable tea herb.

Purple Sage (S. officinalis 'Purpurascens')**£2.50/£3.50**

Excellent flavour – try Sage Mice – leaves coated in batter and shallow fried – be surprised!

Golden Sage (S.officinalis 'Icterina')**£2.50/£3.50**

Lovely lush gold and green variety – all the aromatic and culinary uses as above.

Tricolor Sage (*S. officinalis* 'Tricolor')**£2.50/£3.50**

This sage with green, purple and white variegation is strong-growing, smells and tastes great and looks good in a tub.

Blackcurrant Sage (*Salvia microphylla* v. *microphylla*)**£3/£4**

This slightly tender shrub has strongly scented leaves and shocking pink flowers in summer.

Pineapple Sage (*Salvia elegans*)**£3/£4**

Another very aromatic sub-shrub, with bright red flowers. As with Blackcurrant Sage, provide some frost protection in winter – though can overwinter outside in very sheltered, frost-free spots.

Winter Savory (*Satureja Montana*)**£2.50/£3.50**

Hardy and perennial, with superb flavour for casseroles and stews. Dark green leaves and mauve flowers attract bees.

Winter Thyme (*Thymus vulgaris*)**£2/£3**

Another rock solid herb with a horde of culinary uses; thyme is also antibacterial and makes a medicinal, if fairly bitter, tea. Bees love the pale purple flowers.

Lemon Thyme (variegated) (*Thymus citriodorus aureus*)**£2.50/£3.50**

Very choice flavour, easy to dry and preserve, and both showy and fragrant in sensory borders

Creeping Thyme 'Dartmoor' (*Thymus serpyllum* cv.)**£2.50/£3.50**

Prostrate, green leaved, slow-growing thyme, perfect for between paving or in alpine beds. SEE ALSO WILD THYME IN WILD FLOWER SECTION.

Orange Thyme (*Thymus fragrantissimus*)**£2/£3**

This white flowered thyme has a sweeter aroma and flavour than common thyme, and is very attractive to butterflies.

Lemon Balm (*Melissa officinalis*)**£2/£3**

Extreme lemon aroma, very soothing, loved by bees, excellent in cakes and teas and salads and whatever you want. This year we have the super-lemony variety 'Citronella.'

Bergamot (*Monarda fistulosa*)**£2/£3**

This species has whorls of pale lilac flowers which attract bees and butterflies. Foliage aromatic, makes an Earl Grey smelling tea.

Lavender (*Lavandula officinalis*) 'Hidcote Blue'**£2/£3**

Try lavender in shortbread, scones, bread and cakes – sparingly. It is delicious. It's also antiseptic and soothing for stings.

Cultivars:**£2.50/£3.50**

Twickle Purple (compact, bushy)

Grappenhall Lavandin (highly aromatic perfumery variety)

Pink Lavender (*Lavandula officinalis rosea*)**£2.50/£3.50**

Nicely compact, Pink Lavender has the same uses as the standard ones, and just as popular with the bees. Sometimes we have White Lavender too.

Anise Hyssop (*Agastache anisata* / *A. foeniculum*)**£2/£3**

One of the most overlooked and useful herbs. Agastaches are hardy, easy to grow, have spectacular bee-friendly flowers, wonderful aromatic foliage and many culinary and tea-making purposes. 'Golden Jubilee' is a cultivar with dazzling golden foliage.

Vietnamese Coriander (Panicum odoratum)

£2.50/£3.50

Vigorous tender perennial producing large, sharply coriander-flavoured foliage all year round. Bring plants into frost-free conditions over winter and renew by taking cuttings regularly.

Scented-Leaf Pelargoniums (Pelargonium spp)

£2.50/£3.50

We have a small range of these very useful aromatic plants. They have uses ranging from household soaps, sprays and aromatherapy, to baking and preserve-making. Need frost protection in winter, so best grown in pots.

Lemon

Camphor Rose

Creamy Nutmeg

Royal Oak

Queen of Lemon

MINTS!!!

Every garden should have at least three... Each year we expect to have at least 10 varieties of mint in production from this list:

GINGER MINT (CULINARY, STRIPED)

BUDDLEIA MINT (AMAZING FLOWERS)

BLACK PEPPERMINT (GREAT TEA)

LAVENDER MINT (UNUSUAL)

EAU DE COLOGNE MINT (TEA AND SALAD)

SWISS MINT (TEA)

CHOCOLATE MINT (YOU BETTER BELIEVE IT)

LIME MINT (COCKTAILS)

BANANA MINT (LOW GROWING)

SPEARMINT (GARDEN MINT)

CURLY SPEARMINT

ENGLISH LAMB MINT (VERY)

SPANISH MINT (SPEARMINT)

TASHKENT MINT (STRONG GROWING)

RED RARIPILA (RED STEMS)

APPLE MINT (ESSENTIAL)

PINEAPPLE MINT (VARIEGATED)

GRAPEFRUIT MINT (REALLY)

BOWLES MINT (EPICURE MINT)

MOROCCAN MINT (THE TEA MINT)

PENNYROYAL (MEDICINAL ONLY, WITH ADVICE)

CORSICAN MINT (CREEPING)

All £2/£3 each

Annual / Biennial Culinary Herbs

We grow the following seasonal herbs which are available from us from April to August:

BORAGE (FOR DRINKS, BEES, SALADS)

CORIANDER (FOR CURRIES, CEVICHE, HUMMUS ETC.)

DILL (CUCUMBER FLAVOUR FOR PICKLES AND FISH)

CHERVIL (MILD ANISEED FLAVOUR)

BASIL (FOR TOMATOES, BUT ALMOST ANYTHING REALLY; SEVERAL VARIETIES AVAILABLE)

SUMMER SAVORY (FOR BEANS, SALAD, MEAT, CHEESE)

PARSLEY (BIENNIAL, WELL-KNOWN USES. CHOOSE FROM 'BRAVOUR' CURLY PARSLEY OR 'ITALIAN GIANT' FLAT-LEAVED)

7cm pot – £2 or 3 for £5

1 litre pot – £3 or 2 for £5

TASTES & SMELLS COLLECTIONS

1. **The Tea Drinker's Collection:** Any seven herbs in 7cm pots of our choice from CHAMOMILE, LEMON CATMINT, AGASTACHE, BERGAMOT, LEMON VERBENA, MINT, LEMON BALM, SAGE, SWEET WOODRUFF, FENNEL for £13
2. **The Cook's Perennial Collection:** Any seven herbs in 7cm pots of our choice from MINT, TARRAGON, SAGE, HYSSOP, ROSEMARY, WINTER SAVORY, THYME, GOLDEN MARJORAM, VIETNAMESE CORIANDER, FENNEL for £13
3. **The Mint Collection:** Any seven mints in 7cm pots of our choice from the mint list for £12!

THIS PRICE IS EX-NURSERY. PLEASE ASK FOR A QUOTE FOR POSTAGE & PACKING.

Part Three: Wildflowers: Plugs And Plants For Wildlife

Most will available as plug plants and sold in packs of 12, but many will also be sold in the usual pots, for border and container planting. The table will tell how you can buy each plant, and some information about it. All wild flower seed is sourced in Scotland.

	Plug/7cm pot/1 litre pot
Yarrow (<i>Achillea millefolium</i>) A magnet for hoverflies, a beautiful border plant with flowers in shades of white through to dark pink, yarrow is also & medicinal - not least to stop bleeding.	Yes/£2/£3
Sneezewort (<i>Achillea ptarmica</i>) Another hoverfly plant - and surely there must be something medicinal about it?!	Yes/-/-
Kidney Vetch (<i>Anthyllis vulneraria</i>) Vivid yellow pea flowers, low-growing, nitrogen-fixing.	Yes/-/-
Harebell / Scottish Bluebell (<i>Campanula rotundifolia</i>) The lovely ground-hugging bellflower of mountain and machair.	Yes/£2/£3
Cuckoo Flower / Ladies Smock (<i>Cardamine pratense</i>) Early pink wildflower of damp meadows - allegedly edible, if you really like bitter flavours.	Yes/£2/£3
Perennial Cornflower (<i>Centaurea montana</i>) Big blue flowers that attract bees can also be used in salads and tea blends.	No/£2/£3
Hardheads / Common Knapweeds (<i>Centaurea nigra</i>) Small purple flowerheads attract many bees and butterflies, a busy wayside flower!	Yes/-/-
Purple Knapweed/Purple Cornflower (<i>Centaurea scabiosa</i>) Flowers are very like the Cornflower, but a deep purple. This native wildflower is very useful for butterflies and bumblebees.	Yes/£2/£3
Marsh Cinquefoil (<i>Comarum palustre</i>) A rare and special starry reddish flower of damp places in the hills	Yes/£2/£3
Teasel (<i>Dipsacus fullonum</i>) This biennial bears tall, spiky heads with many tiny mauve flowers in its second year. Incredibly valuable for bees, and later the seeds are loved by finches.	No/£2/£3
Hemp Agrimony (<i>Eupatorium cannabinum</i>) So named for the shape of the leaves. Flowers a magnet for bees and seeds for birds in the autumn, this later flowering native flourishes in moist sites.	Yes/£2.50/£3.50
Meadowsweet (<i>Filipendula ulmaria</i>) Frothy white flowers yield nectar for honeybees and can also be made into wine or a pain-killing tea (aspirin was first derived from this plant). Can spread obligingly!	No/£2/£3

Marsh Bedstraw (<i>Galium palustre</i>)	Yes/-/-
Excellent spreader for damp areas	
Ladies' Bedstraw (<i>Galium verum</i>)	Yes/-/-
This low-growing, yellow woodruff-relation has been used in cheesemaking and natural dyeing. Beautifully aromatic.	
Meadow Cranesbill (<i>Geranium pratense</i>)	Yes/£2/£3
Native wildflower with beautiful big blue flowers the bees love, with a clarity of colour that knocks spots off the usual cultivars.	
Bloody Cranesbill (<i>Geranium sanguineum</i>)	Yes/£2/£3
Lower-growing cranesbill, with deep pink flowers designed for bees. Would be a nice companion to Apple Bloody Ploughman in the orchard lawn?	
Water Avens / Chocolate Root (<i>Geum rivale</i>)	Yes/£2/£3
Happy in woods and hedges as in wet places, Water Avens has unique, terracotta and cream, nodding flowers – and roots that smell of chocolate!	
Cat's Ear (<i>Hypochaeris radicata</i>)	Yes/-/-
One of the commonest yellow meadow flowers: meadows wouldn't look right without it!	
Wood Cranesbill (<i>Geranium sylvaticum</i>)	Yes/-/-
Shade tolerant, with lovely purplish flowers. Ideal for hedge verges and beside drystone dykes.	
Orange Hawkweed / Fox-and-Cubs (<i>Heiracium aurantiacum</i>)	No/£2/£3
Not strictly native, but long naturalised and a vivid contributor to naturalistic plantings.	
St. John's Wort (<i>Hypericum perforatum</i>)	No/£2/£3
Hoverflies and damselflies flock to the many sunny yellow flowers on this prolific wildflower. The plant is used in herbal medicine too.	
Field Scabious (<i>Knautoia arvensis</i>)	Yes/-/-
Waving lilac-blue flowers, great meadow plant and very attractive to bees and hoverflies.	
White Deadnettle (<i>Lamium album</i>)	Yes/-/-
This stingless, bright white wayside and woodland flower is also edible! Makes good ground cover, too.	
Ox-Eye Daisy (<i>Leucanthemum vulgare</i>)	Yes/-/-
Tall, reliable, white-and-yellow daisy, the verge-planter's favourite.	
Birds Foot Trefoil / Bacon and Eggs (<i>Lotus corniculatus</i>)	Yes/£2/£3
Another low-growing nitrogen-fixer, whose yellow flowers often start the colour of bacon under strange lighting... bees love it.	
Ragged Robin (<i>Lychnis flos-cuculi</i>)	Yes/£2/£3
Familiar wildflower of damp meadows, the raggedy pink flowers of this easy perennial attract many beneficial insects. Blooms right through to winter.	
Purple Loosestrife (<i>Lythrum salicaria</i>)	No/£2/£3
Another one for wet places, Purple Loosestrife produces spires of lovely flowers attractive to bees late in summer. Strikingly beautiful and easy.	

Wild Oregano (<i>Origanum vulgare</i>)	No/£2/£3
Allow this native herb to flower freely and you will be rewarded by a dizzying variety of beneficial insects and later, birds. Dry the flowers for a natural air freshener!	
Ribwort Plantain (<i>Plantago lanceolata</i>)	Yes/-/-
Strappy, edible leaves and lovely, waving simple flowers no meadow should be without. Birds value the seeds.	
Tormentil (<i>Potentilla erecta</i>)	Yes/-/-
This 4-petalled yellow flower will be familiar to all hillwalkers and bump-climbers!	
Red Campion (<i>Silene dioica</i>)	Yes/£2/£3
Showy plant with lovely pink flowers that make you wonder why it is ever considered a weed!	
Betony (<i>Stachys officinalis</i>)	No/£2.50/£3.50
This ancient medicinal herb has beautiful purple flowers attractive to bees	
Bugle (<i>Ajuga reptans</i>)	No/£2/£3
Blue spikes of flowers in late spring attract many bee species. This plant was also used medicinally and is great ground cover. We have the purple-leaved form.	
Pignut (<i>Conopodium majus</i>)	
A remarkable member of the carrot family, with feathery leaves and lacy flowers, which grows best in shade. Its underground tubers, which are chestnut-sized, are delicious! SUBJECT TO IT AGREEING TO GROW MORE THAN 1 LEAF THIS YEAR...	
Devil's Bit Scabious (<i>Succisa pratensis</i>)	Yes/-/-
A smaller scabious, with the usual sky-blue flowers loved by insects.	
Comfrey (<i>Symphytum officinale</i>)	No/£2/£3
Although we eat it ourselves, herbalists advise against overconsumption of the tasty, glutinous leaves of comfrey – so it's placed here in the wild side. Bees adore the cream, blue, purple or white flowers. A healing herb, too.	
Wild Thyme (<i>Thymus polytrichus</i>)	Yes/£2/£3
Thyme of the machair and mountains, creeping and tumbling over rocks and dunes... the seasoning of many campsite meals!	
Goatsbeard / Jack-go-to-Bed-at-Noon (<i>Tragopogon pratense</i>)	Yes/£2/£3
This tall, dandelion-like flower has always fascinated me, for the enormous, spherical "clocks" when seeds form, and its habit of shutting down at mid-day. Plus...it has edible roots...	
Germander Speedwell (<i>Veronica chamaedrys</i>)	Yes/-/-
Shocking-blue little flowers on a compact plant – one of the first wild flowers I learned.	
Common Speedwell (<i>Veronica officinalis</i>)	Yes/-/-
Paler blue flowers, a sprawling habit – and was once used as a tea plant.	
Woad (<i>Isatis tinctoria</i>)	No/£2/£3
This yellow-flowered member of thecabbage family bears a mass of flowers and is the plants from which the blue dye of the Celts is extracted.	

Yellow Toadflax (*Linaria vulgaris*)

Yes/-/-

Cheery yellow snapdragon-like flowers on sturdy spikes bring colour and insects to a meadow.

Yellow Loosestrife (*Lysimachia punctata*)

No/£2/£3

Vigorous, clump-forming perennial with spures of big yellow flowers in summer – attractive to wildlife and a good weed suppressant.

Tufted Vetch (*Vicia cracca*)

Yes/£2/£3

Very floriferous nitrogen-fixer – blue-violet flowers in showy racemes. Scrambles about the hedgerows quite the thing. Bees rave about it.

Heartsease / Wild Pansy (*Viola tricolor*)

Yes/£3/£2

Pretty little faces just go on and on – the more you eat them, the more they come! Also liked by bumblebees and other insects. Also used in herbal medicine.

Horned Violet (*Viola cornuta*)

No/£2/£3

Lovely deep blue flowers and a spreading habit – an excellent choice for semi-shade or woodland edge settings.

ANNUAL: Milk Thistle (*Silybum marianum*)

No/£2/£3

Incredibly jaggy, architectural white-splashed leaves, and fierce purple flowers loved by bees make this annual worth growing. Cut off the prickles and the leaves make a good vegetable; collect the seeds and make into a nasty-tasting decoction to assist liver function!

ANNUAL: Pot Marigold (*Calendula officinalis*)

No/£2/£3

No purposeful plant garden would be complete without marigolds; for their bright orange edible flowers (which can be dried for “Turkish Saffron”), for their healing properties, for their general exuberance!

WILD FLOWER PLUG COLLECTIONS £6/pack

Where indicated above, our wild flowers will be available in packs of 12 plugs. You can pre-order packs of any combination or as straight single species packs. If you would like us to decide, we offer the following collections:

1. **TALL OPEN MEADOW:** Chosen from: Ox Eye Daisy, Goatsbeard, Field Scabious, Ribwort Plantain, Meadow Cranesbill, Greater Knapweed, Yarrow, Toadflax
2. **OPEN LAWN:** Chosen from: Common Speedwell, Cats Ear, Ladies Bedstraw, Ladies Smock, Heartsease, Bloody Cranesbill, Tufted Vetch, Kidney Vetch, Harebell
3. **DAMP SHADY PLACES:** Chosen from: Ragged Robin, Marsh Woundwort, Water Avens, Marsh Cranesbill, Ladies Smock, Marsh Bedstraw, Wood Cranesbill, Hemp Agrimony.
4. **HEDGEROW & WOODLAND EDGE:** Chosen from: Hardheads, Sneezewort, Germander Speedwell, Ragged Robin, Red Campion, White Deadnettle, Wood Cranesbill, Goatsbeard, Tufted Vetch, Toadflax
5. **MACHAIR MIX:** Chosen from: Birds Foot Trefoil, Harebell, Kidney Vetch, Ladies Bedstraw, Devils Bit Scabious, Tormentil, Wild Thyme, Hardheads, Yarrow, Germander Speedwell, Toadflax, Viper's Bugloss.

PLEASE ASK FOR A QUOTE FOR POSTAGE & PACKING

Part Four: How To Be Soft On Fruit!

Sometimes of more value to wildlife than you'd like, but don't underestimate the importance of early fruit flowers to bees and other pollinators – or the importance of their input to your crop! Our main season for soft fruit in containers is WINTER and SPRING. As the season wears on, varieties and numbers change, with the greatest choice available November/December. So rather than go into details, for most items we have just listed the most likely varieties we have. More information and stock numbers on request!

GOOSEBERRIES

£4

A range of culinary and dessert varieties, with red, green or sometimes golden fruit, to include the mildew-resistant 'Hinnonmaki' range.

SCOTTISH GOOSEBERRIES – VERY SPECIAL

£6

Old and traditional Scottish varieties, from cutting material from the National Fruit Collection. Limited availability.

SCOTTISH CHIEFTAIN

Vigorous and early; has a spreading habit and golden, massive, sweet berries. Suitable for fan training

GLENCARSE MUSCAT

Compact habit, requiring open-centre pruning.

GRETNA GREEN

Green! no other info yet.

LORD ELCHO

Really big, green, tasty fruit, with translucent skins. Lovely straight from the bush, or cooked. Quite early.

SCOTCH RED ROUGH

Smaller, mid-season, red fruits, which the blackbird stole. Suspect delicious.

ROSEBERRY

Mid-season, productive gooseberry it seems, with medium-sized, sweet golden-green berries.

BLACKCURRANTS

£4

A mix of early, mid-season and late varieties from the 'Ben' range, bred in Perthshire.

JOSTABERRY

£4

Gooseberry/blackcurrant cross, making a large, thornless bush and producing lots of big, juicy black fruits – eat fresh or good for jam too.

STRAWBERRIES

£150

We have the following excellent varieties in pots at £1.50 each:

CAMBRIDGE FAVOURITE

Traditional and reliable variety

SYMPHONY

Very sweet large fruit, a Dundee born-and-bred variety

HONEOYE

Early, disease-resistant variety with rich red fruits and very good. Grown commercially, you'll find them in supermarkets, but they are still nice for a' that.

HERITAGE SCOTTISH STRAWBERRY

£250

THREAVE ROYAL - an old Scottish Strawberry of extraordinary sweetness and flavour, vigorous growth and no shelf life whatsoever! You will NEVER find this on the shelves of the supermarket!

WINEBERRY

£3.50

The Japanese Wineberry is a bristly cane fruit, needs no support, bearing wine-red, ultra-sweet berries in late summer. Prefers an open position.

FIG BROWN TURKEY

£15

Reliable for outdoor cultivation (we get decent and delectable figs from ours which is on a south-west corner wall) - and will do even better with a modicum of protection to ripen the fruit.

WINEBERRY

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The Japanese Wineberry is a bristly cane fruit, needs no support, bearing wine-red, ultra-sweet berries in late summer. Prefers an open position.

FIG BROWN TURKEY

£15

Reliable for outdoor cultivation (we get decent and delectable figs from ours which is on a south-west corner wall) - and will do even better with a modicum of protection to ripen the fruit.

RASPBERRIES - Sold in 3 litre pots of 5 canes

£6

A range of summer fruiting raspberries from the Scottish-bred 'Glens' range; plus yellow and red autumn varieties where available.

TAYBERRY

£4

Hybrid cane fruit, heavy cropping and so delicious you will forgive its jaggy-ness. Vigorous - best trained along a fence/wall.

LOGANBERRY

£4

Traditional tasty hybrid berry, with advantage of being thornless

BLUEBERRIES

£10

All blueberries require lime-free soil or compost, and all have attractive flowers in spring and good autumn colour.

WHITECURRANT

£4

WHITE VERSAILLES – Pretty pearly white sweet fruit borne abundantly early in season

REDCURRANT

£4

LAXTONS NO 1 Excellent high cropping traditional variety, fruits early.

SASKATOONS (X SMOKY)

£12

Saskatoon are large fruiting shrubs from Canada. The berries look like large blueberries, but the taste is sweeter and distinctive. All are very hardy, self-fertile, and have no preferences regarding soil type. Grown commercially for the fruit in Canada. Excellent for jam and wine too!

RHUBARB

£3/£4

We offer the following at £4/£3 a pot, according to pot size:

CHAMPAGNE: early, sweet variety for forcing

TIMPERLEY'S EARLY: reliable and heavy cropping, can be forced

VICTORIA: well-known mid-season variety, can be picked most of the summer

GLASKIN'S PERPETUAL: We had a crop failure with Glaskin's last year, but hope to have plants available later in the summer

HERITAGE SCOTTISH RHUBARB

£5

LOCHGELLY MINERS' RHUBARB

We have just a few plants available this year of this delectable rhubarb, of unknown heritage but well-kent around the Fife coalfields and reputed to grow on anything, even coal spoil! Hope to have more next year...

HONEYBERRY

£3

This so-called superfood is actually a bushy honeysuckle, which bears small, blue-black, allegedly sweet fruit in late summer. You could give them a try!

COWBERRY

£3

Slow-growing, suckering evergreen creeping shrub from mountain habitats, which bears red, highly edible berries. Needs a lime free soil.

Other native upland fruits, such as blaeberry, crowberry and wild cranberry may be available subject to crop succes. SEE BELOW FOR MORE FOREST GARDEN IDEAS!

NATIVE FRUITS & NUTS FOR THE PERMACULTURE OR FOREST GARDEN

All supplied in 2 or 3 litre pots at £6 or £10 each

SLOE / BLACKTHORN (*Prunus spinosa*) £6

Thorny hedging shrub that produces the black fruits that make the gin (or vodka or brandy). Can also be added to apple jellies.

HAWTHORN (*Crataegus monogyna*) £6

The early leaves are edible and were known among us as kids as “bread and cheese”. No idea why! Flowers (May blossom) make wine, and the fruits make fruit leather, wine and go into brandy!

ROWAN (*Sorbus aucuparia*) £6

Essential protection for the house against evil spirits – don’t cut it down and don’t curse it! The berries make the best jelly to go with poultry or game, and a nice rose wine.

ELDER (*Sambucus nigra*) £6

Another magical native with more uses than I have room to mention. Flowers and fruits edible – fritters, wine, champagne, cordial, desserts, sauces, beer and more – and there are medicinal and practical uses too. Edible Ear Fungus even grows on it.

GEAN / WILD CHERRY (*Prunus avium*) £6

In good years, the Gean produces a huge crop of cherries and you stand a very good chance of getting them before the birds strip the tree. They may be small, but they’re good, and quality of cherry brandy is not dependant on size.

HAZEL (*Corylus avellana*) £6

A native shrub whose nuts have sustained our species from prehistoric times. The wood and poles gathered when coppicing have many craft uses too. Spotting the minute red female flowers in early spring is a good eyesight test!

GUELDER ROSE (*Viburnum opulus*) £6

A beautiful tall shrub for the edible hedgerow. Make sure the berries are cooked before you eat them, but birds will value them raw all through winter – especially visiting waxwings. White flowers are a treat in spring. Not a rose at all, by the way.

SEA BUCKTHORN (*Hippophae rhamnoides*) £6

Orange berries zing with vitamin C; silvery, suckering shrub for edible hedgerows and gardens. Salt-tolerant for coastal areas. One of they “superfoods”, but we don’t believe in them.

ASPEN (*Populus tremula*) £6

This small poplar, known for its shimmering, trembling leaves, is a native of ancient Scots woodlands, now rarely seen in the wild. Like all poplars, gives off a heady, balsam-like scent when in flower.

WHITEBEAM (*Sorbus aria*) £6

Beautiful in spring when the leaves open white; this medium-sized native tree bears an edible fruit like a big Rowan berry in Autumn, but sweeter. I have enjoyed them straight from the tree when ripe. They used to be called Chequers, and had many culinary uses in former centuries.

WILLOWS for BASKETRY (*Salix viminalis* cvs) £6

A range of pliable stem varieties for basketwork and garden sculpture, also useful for correcting waterlogged ground. Chewing the bark cures sore heads.

SCOTCH or BURNET ROSE (*Rosa spinosissima pimpinellifolia*) £6

We chose this native creeping rose of Scottish coasts to grow first, for its edible white flowers and small, but sweet and vitamin-rich hips, useful for syrup, cordial or tea. Be careful to avoid the irritant hairs around the seeds. Very jaggy.

DOG ROSE (*Rosa canina*) £6

The common pink wild rose of the hedgerows. Make rose-petal cordials and jellies from the flowers (but leave some for the bees), and syrup from the large red hips. Also jaggy.

RAMANAS ROSE (*Rosa rugosa*) £6

Large single pink flowers followed by enormous and very juicy hips, ideal for syrup or jelly-making. This rose has wrinkled foliage and is suckering, making also an excellent windbreak on coastal sites. Jaggy, obviously.

EGLANTINE ROSE or SWEET BRIAR (*Rosa eglanteria*) £6

We had to have this species rose, popular in mediaeval herb gardens, as it is apple scented! All the uses of the other roses, plus cosmetic uses. It is being investigated as a treatment for some cancers.

JAPANESE BARBERRY (*Berberis thunbergii*) £6

As well as its red edible fruits, this jaggy Barberry makes a great and attractive informal hedge, and the roots yield a yellow dye. Root bark is used medicinally as an antibacterial.

SESSILE OAK (*Quercus petraea*) £6

This is the species native to northern Britain, and has long been one of our most valued trees. Acorns have been used for flour and coffee substitutes, and stock feed; the wood is hard, with many uses; for wildlife, an oak tree in your hedgerow is a must!

HOLLY (*Ilex aquifolium*) £6

Another very hard wood, and a prickly evergreen for dense hedges, roosting places for birds, a habitat for Holly Blue butterflies and many more wildlife species. And don't forget Christmas...of all the trees that are in the wood, the Holly bears the crown....

GREY ALDER (*Alnus incana*) £6

This fast-growing tree is the one we recommend for orchard shelterbelts. It is easily grown and disease-free.

BLACK CHOKEBERRY (*Aronia melanocarpa*) £10

North American shrub up to 2.5m tall which produces big black berries high in pectin – so great for jellies and adding to jams. They are best eaten raw when really ripe – and improve after a frost!

WILD MEDLAR (*Mespilus germanica*) £10

The thorny "pig's noses" make an unusual addition to the edible hedgerow, with attractive flowers and pear-like fruit that need the cold to ripen and become soft

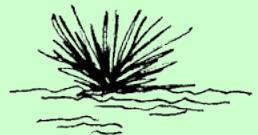
WILD CRAB APPLE (*Malus sylvestris*) £10

Not wildlings from someone's apple core, but the true native wild apple – small fruits for use in jellies, wine or roasted and tossed into cider – when they are called "lambs' wool"!

THE EDIBLE HEDGE COLLECTION

£45

We are offering this collection specially for those of you wanting a boundary you can browse on as you garden, a food resource for wildlife AND humans, or an edible shelterbelt for your fruit trees and herbs. The collection will consist of ONE SASKATOON named variety, EITHER one WILD CRAB APPLE, OR WILD MEDLAR OR BLACK CHOKEBERRY, plus 5 fruits and/or nuts of our choice from: the rest of the range. Choice dependant on availability – we cannot promise exact specifications.



Part Five: About Our Fruit Trees

Most of our fruit trees are sold bare-root from mid-November to the end of March. We will also have a large selection in pots for all-year-round planting available for collection from the nursery or markets from April 1st.

We have a number of very dwarf apples on M27 rootstocks – ideal for the smallest garden or growing in tubs, and a limited range of apples on M9 for commercial orchards – of which Scotland is seeing a growing number. We are introducing this year the very productive MM116 rootstock. We will also be training some trees as ready-formed fans and espaliers in pots.

We produce an availability list in late summer which will then be inserted into the catalogue. But here's some idea of what to expect!

APPLES

We produce more apple trees than anything else, on a range of rootstocks from the very dwarfing M27 and M9, suitable for small gardens, container planting and training onto smaller garden walls, through M26, MM116 and MM106 (suitable for most situations) to M25, which gives you large, traditional-looking trees, suitable for larger heritage orchards and gardens. Note that the more dwarfing the rootstock the sooner it will produce a crop for you!

We specialise in Scottish varieties of apple, such as the Bloody Ploughman and the Scotch Dumpling, plus lots of heritage varieties known to do well in the North. But we also have plenty of good, reliable, modern ones, many from Scandinavia, that we know have good flavour and an ability to thrive in the north. Not to mention an increasing number of cider apples! We will help you to choose the apples best suited to your area and situation.

PEARS

We grow a large number of Scottish pears which were unavailable not too many years ago, and are able to propagate from older trees in historic orchards locally, thus conserving a rich heritage. We offer pear trees on wild pear rootstock, for those wishing to recreate the spectacular height and blossom of an old Scottish pear orchard, but also a number of good varieties, ancient and modern, from across Europe, on dwarfing quince A rootstock.

To anyone thinking, "Can you really grow pears in Scotland?" we answer, "Yes you can. And plenty of them!" We'll direct you to some amazing examples, and even tell you how best to harvest and use these unique fruits.

PLUMS

Most of the plums we offer are good old reliable varieties like Victoria, Czar and Rivers Early. We can also offer the juicy and tasty Scottish plum, Gordon Castle, and hope to increase our Scottish range as budwood becomes available. We usually have a range of damsons available and also the overlooked Cherry-plum 'Mirabelle de Nancy' whose round yellow or red fruits are so sought after on the continent and which appears to positively thrive in our climate. (Cherry-plums, *Prunus cerasifera*, were once used as a rootstock for plum grafting, and that's why there are so many wild ones about).

CHERRIES AND OTHERS

We usually have several varieties of cherry, including the culinary 'Morello', as well as named Crab Apples, named Quinces and Medlars. Some will be supplied in pots.

NUTS!

Every orchard needs a nuttery! Named varieties of Hazel (*Corylus avellana*) such as Kent Cob, Cosford or Hall's Giant often find their way onto our stocklist, as do Filberts. Sometimes we also carry named Almond varieties, which will produce a decent crop for those with a sunny, sheltered spot. Walnuts are good too – we may have some on offer in 2018/19 season.

AND NOW FOR SOMETHING... MORE EXOTIC?

Peaches and Apricots are perfectly hardy trees..... we know of a peach tree growing wild under a bridge in Highland Perthshire that's been there for donkey's years – and fruits. For a good, reliable crop of fruit, though, you will need a degree of warmth and sunshine. We grow ours in unheated greenhouses, training them against the glass to double up as glasshouse shading! We get an amazing crop of peaches. South-facing walls in sheltered gardens also are a good bet. We have figs, too, for this kind of situation. And if you have a spare conservatory or large greenhouse, we can supply Loquats as young plants! They are actually tough enough to grow as attractive foliage plants outside, but won't fruit without warmth and protection.

HOW AND WHEN TO ORDER FRUIT TREES

Container trees are available all year round. We start taking orders for bare root from around midsummer, once we know what's coming on. An up-to-date availability list will be posted on www.plantsandapples.com and available from us by post or e-mail as well. If your requirements are very specific, it's best to order earlier rather than later!

PRICES FOR FRUIT TREES 2018/19

Fruit trees bare-root: To be announced

Apples and Pears in containers: £18-£25 according to age and size

Other container grown fruit and nuts: £20-£25.

What Else Do We Do?



WE RUN WORKSHOPS

These can be tailored for community groups, gardening clubs, businesses and individuals. See plantsandapples.com/events for upcoming events.

Orchard and fruit tree related workshops include:

Planning and planting an orchard • Winter pruning • Summer pruning • Orchard pests and diseases • Grafting & Budding • Orchard Uses & Maintenance • Harvesting, Juicing, Cidermaking • Fruit Identification • Blossom, Bees and Biodiversity

Forest Gardening workshops can:

Cover the whole subject, canopy to rhizosphere, or can focus on individual layers, building up to a course of 5 different workshops.

Other workshops and guided walks/events include:

Grow your own food and drink
Wild food and foraging skills (plants & fungi only)
Using and growing herbs

Most of our workshops are commissioned by groups or businesses but many of these are open to all members of the public. Sometimes we run workshops and events here in Bankfoot, if a demand has been identified. Do get in touch if you feel we can help you!

WE ARE CONSULTANTS

We provide advice and assistance to businesses, groups and individuals on projects such as the development of commercial and community orchards, restoration of neglected walled gardens, adapting gardens and policies for sustainable food production or increasing biodiversity, and more.

If you have an idea that you think we could help you to realise, please contact us on email@plantsandapples.com for an initial discussion.

Space for your notes / wishlist

A series of horizontal wavy lines for writing notes or a wishlist. The lines are evenly spaced and extend across the width of the page, providing a guide for text entry.



Happy Gardening in 2018 May All Your Plants Be Purposeful!

Margaret & Andrew Lear

Ways to get in touch

Address: Middlebank Cottage, Smiths Brae,
Bankfoot, Perthshire, Scotland, PH1 4AH

Visit the nursery: 1 April - 31 October 2018
Sundays 1-5pm & Mondays 9-5pm

Website: www.plantsandapples.com

Email: email@plantsandapples.com

Phone: 01738 787278 (9-5pm, weekdays only)

Twitter, Facebook & Instagram:
Search for @plantsandapples

